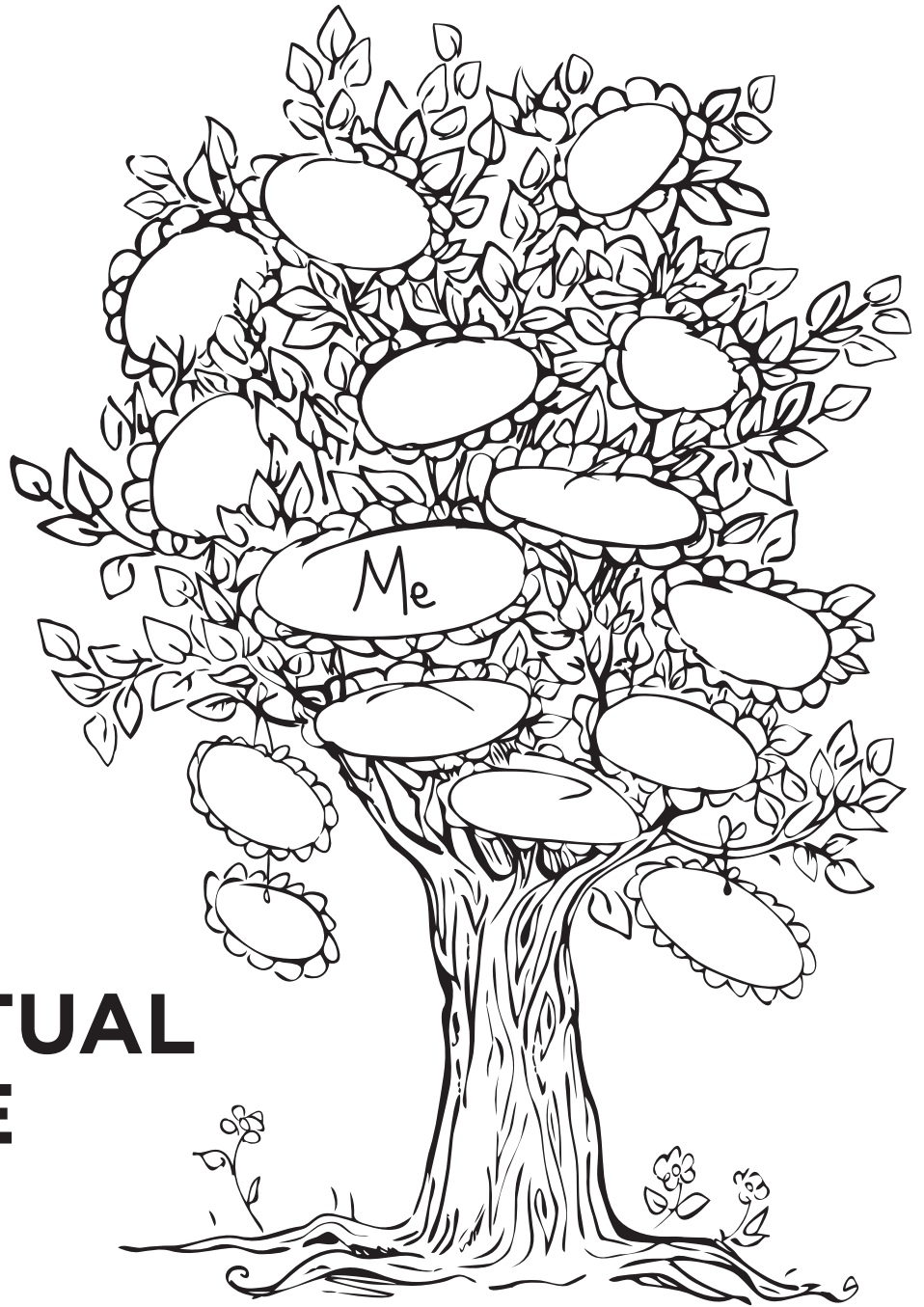




Navigator  
Discipleship  
Tool



# MY SPIRITUAL HERITAGE

**We are part of something bigger than ourselves.** There are those who introduced us to Jesus. Then one or more people poured into us, helping us grow through Life-to-Life™ discipleship. We have the privilege to be involved in the lives of others—passing on what we have learned to grow generations of disciples.

Use this “spiritual family tree” as a reminder of those who have played a significant role in your spiritual life. Under “Me” in the illustration, write the names of those who introduced you to Jesus and helped you grow. If you know who influenced them, write their names down, too (it’s okay if you don’t know). Take a moment to thank God for the people who came before you in faith.

But don’t stop there! In the spaces above “Me” write the names of people you can influence by sharing Christ or mentoring them. Maybe it’s someone you’re already pouring into. Maybe it’s someone you’d like to help. If nobody comes to mind, that’s okay. Ask God to bring someone into your life who is eager to grow as a disciple of Jesus. “One generation commends your works to another; they tell of your mighty acts” (Psalm 145:4).